

PRAYER JOURNAL

Table of Contents

| |
|--|
| Scriptural Principles of Prayer – pg 1~3 |
| Requirements for Effectual Prayer – pg 3 |
| Prayer Request Daily Schedule – pg 4~10 |
| Petitions & Supplications – pg 11 |
| Missionaries – pg 12~13 |
| Praises – pg 14~15 |
| Biblical Prayers & Promises – pg 16 |
| Scripture Memorization Plan – pg 17~18 |
| Answers to Prayer – pg 19 |
| Sharing the Gospel – pg 20~21 |
| Evangelism Notes – pg 21 |
| Fifteen Precious Promises of God – pg 22 |

(All verse references are taken from the Authorized Version of the Bible,
commonly referred to as the King James Version)

Scriptural Principles of Prayer:

Types of Prayer:

- **Worship Prayer**
 - *Adoration*- Worshiping God in prayer because of His character. His holiness, His righteousness, His goodness, His power... .
 - *Praise*- Worshiping God in prayer because of His works. His creation, His provision, His salvation... .
- **Dependence Prayer**
 - *Confession*- *Confession of sin, and repentance*
 - *Thanksgiving*- *Giving thanks to God*
 - *Petition*- Praying for oneself
 - *Intercession*- Praying for another person
 - *Supplication*- Praying with passion

The Nature of God:

God is creator –

“Of old hast thou laid the foundation of the earth: and the heavens are the work of thy hands.” (Psalm 102.25)

God is eternal –

“Before the mountains were brought forth, or ever thou hadst formed the earth and the world, even from everlasting to everlasting, thou art God.” (Psalm 90.2)

God is holy –

“...I saw also the Lord sitting upon a throne, high and lifted up, and his train filled the temple. Above it stood the seraphims... And one cried unto another, and said, Holy, holy, holy, is the LORD of hosts: the whole earth is full of his glory. (Isaiah 6.1-3)

God is truth –

“He is the Rock, his work is perfect: for all his ways are judgment: a God of truth and without iniquity, just and right is he.” (Deuteronomy 32.4)

God is sovereign –

“For he spake, and it was done; he commanded, and it stood fast... The counsel of the LORD standeth for ever, the thoughts of his heart to all generations.” (Psalms 33.9,11)

God is great –

“Great is the LORD, and greatly to be praised...” (Psalm 145.3)

God is immutable –

“For I am the LORD, I change not...” (Malachi 3.6)

God is judge –

“And the heavens shall declare his righteousness: for God is judge himself.” (Psalm 50.6)

Scriptural Principles of Prayer:

God is righteous –

“For the righteous LORD loveth righteousness; his countenance doth behold the upright.”
(Psalms 11.7)

God is glorious –

“The heavens declare the glory of God; and the firmament sheweth his handywork.”
(Psalms 19.1)

God is jealous –

“For thou shalt worship no other god: for the LORD, whose name is Jealous, is a jealous God:” (Exodus 34.14)

God is omniscient –

“Whither shall I go from thy spirit? or whither shall I flee from thy presence? If I ascend up into heaven, thou art there: if I make my bed in hell, behold, thou art there.” (Psalms 139.7-8)

God is omnipotence –

“Ah Lord GOD! behold, thou hast made the heaven and the earth by thy great power and stretched out arm, and there is nothing too hard for thee:” (Jeremiah 32.17)

God is wrath –

“For we are consumed by thine anger, and by thy wrath are we troubled.” (Psalm 90.7)

God is merciful & gracious –

“Gracious is the LORD, and righteous; yea, our God is merciful.” (Psalm 116.5)

God is faithful –

“I will sing of the mercies of the LORD for ever: with my mouth will I make known thy faithfulness to all generations.” (Psalm 89.1)

God is forgiving –

“If thou, LORD, shouldst mark iniquities, O Lord, who shall stand? But there is forgiveness with thee, that thou mayest be feared.” (Psalm 130.3-4)

God is love –

“How excellent is thy lovingkindness, O God! Therefore the children of men put their trust under the shadow of thy wings.” (Psalms 36.7)

God is salvation –

“The LORD is my rock, and my fortress, and my deliverer; my God, my strength, in whom I will trust; my buckler, and the horn of my salvation, and my high tower.” (Psalm 18.2)

God is shepherd –

“The LORD is my shepherd; I shall not want.” (Psalm 23.1)

Scriptural Principles of Prayer:

God is good –

“For thou, Lord, art good, and ready to forgive; and plenteous in mercy unto all them that call upon thee.” (Psalm 86.5)

God is wisdom –

“...Blessed be the name of God for ever and ever: for wisdom and might are his:”
(Daniel 2.20)

Requirements for Effectual Prayer:

Pray for the will of God –

“ I delight to do thy will, O my God: yea, thy law is within my heart.” (Psalms 40.8)

Pray to glorify God –

“Whether therefore ye eat, or drink, or whatsoever ye do, do all to the glory of God.”
(1 Corinthians 10.31)

Pray To Praise God –

“Great is the LORD, and greatly to be praised...” (Psalm 48.1)

Pray with a repentant heart –

“If I regard iniquity in my heart, the Lord will not hear me:” (Psalm 66.18)

Pray in the Spirit –

“Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;” (Ephesians 6.18)

Pray with thanksgiving –

“Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.” (Philippians 4.6)

Pray righteously –

“The eyes of the LORD are upon the righteous, and His ears are open unto their cry.”
(Psalm 34.15)

Pray With Understanding –

“Wherefore be ye not unwise, but understanding what the will of the Lord is.” (Ephesians 5.17)

Pray With Humility –

“But he giveth more grace. Wherefore he saith, God resisteth the proud, but giveth grace unto the humble.” (James 4.6)

Pray continuously –

“Rejoice evermore. Pray without ceasing.” (1 Thessalonians 5.16-17)

Prayer Request Daily Schedule:

“Confess your faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much.” (James 5.16)

Sunday –

- Personal
 - Forgiveness for my sins
 - Family needs
 - My needs
 - _____
 - _____
 - _____
 - _____
- My church
 - My pastor & his family
 - Leaders & fellow members
 - _____
 - _____
 - _____
 - _____
- Missionary prayer
 - _____
- Church ministry prayer
 - _____
- Prayer for an awakening of the unsaved & revival of the Church in the USA
- Unsaved members of my family & unsaved friends
 - _____
 - _____
 - _____
 - _____
 - _____
 - _____
 - _____
- Health needs of others
 - _____
 - _____
 - _____
 - _____
 - _____
- Prayer for the return of Christ. (1 Corinthians 16.22)

Prayer Request Daily Schedule:

Monday –

- Personal Prayer
 - Forgiveness for my sins
 - Family needs
 - My needs
 - My testimony
 - Forgive those who have sinned against me
 - _____
 - _____
 - _____
 - _____
- My country
 - President, Congress & Local Government
 - Believers in government
 - _____
- Missionary prayer
 - _____
- Church ministry prayer
 - _____
- Health needs of others
 - _____
 - _____
 - _____
 - _____
 - _____
- My church
 - My pastor & his family
 - _____
 - _____
 - _____
 - _____
- A friend with special needs
 - _____
- Prayer for the lost
 - _____
 - _____
 - _____
 - _____
 - _____
- Prayer for the peace of Jerusalem. (Psalms 122.6)

Prayer Request Daily Schedule:

Tuesday –

- Personal Prayer
 - Forgiveness for my sins
 - Family needs
 - My needs
 - My walk with Jesus
 - The spiritual & physical health of my spouse
 - Opportunities to share the gospel
 - _____
 - _____
 - _____
 - _____
- My church
 - My pastor & his family
 - Leaders & fellow members
 - _____
 - _____
 - _____
 - _____
- Health needs of others
 - _____
 - _____
 - _____
 - _____
 - _____
- Missionary prayer
 - _____
- Church ministry prayer
 - _____
- A friend with special needs
 - _____
- An awakening of the lost & revival of the Church in the USA
- Unsaved members of my family & unsaved friends
 - _____
 - _____
 - _____
 - _____
 - _____
 - _____
- Prayer for my enemies. (Matthew 5.44, 5.10-11)

Prayer Request Daily Schedule:

Wednesday –

- Personal prayer
 - Forgiveness for my sins
 - My needs
 - My walk with Jesus
 - Unsaved family members
 - Family health needs
 - _____
 - _____
 - _____
 - _____
- My church
 - My pastor's health & his family
 - My pastor's studies & his walk with Jesus
 - Leaders & fellow members
 - Church services this week
 - Spiritual health of my church
 - _____
 - _____
 - _____
 - _____
- Missionary prayer
 - _____
- Church ministry prayer
 - _____
- A friend with special needs
 - _____
- An awakening of the lost & revival of the Church in the USA
- Unsaved members of my family & unsaved friends
 - _____
 - _____
 - _____
 - _____
 - _____
 - _____
- Health needs of others
 - _____
 - _____
 - _____
 - _____

Prayer Request Daily Schedule:

Thursday –

- Personal prayer
 - Forgiveness for my sins
 - My needs
 - Opportunities to share the gospel
 - Family health needs
 - _____
 - _____
 - My spouse's family
 - _____
 - _____
 - _____
- My church
 - My pastor & his family
 - Leaders & fellow members
 - _____
 - _____
 - _____
 - _____
- Health needs of others
 - _____
 - _____
 - _____
 - _____
- Missionary prayer
 - _____
- Church ministry prayer
 - _____
- A friend with special needs
 - _____
- An awakening of the lost & revival of the Church in the USA
- Unsaved members of my family & unsaved friends
 - _____
 - _____
 - _____
 - _____
 - _____
 - _____
- Unspoken requests of my church family. (James 5.16)
- The kingdom of God come soon. (Revelation 22.20)

Prayer Request Daily Schedule:

Friday –

- Personal prayer
 - Forgiveness for my sins
 - Family needs
 - My needs
 - My testimony
 - Forgive those who have sinned against me
 - Unsaved family members
 - _____
 - _____
 - _____
 - _____
 - _____
- My church
 - My pastor's health & his family
 - My pastor's studies & his walk with Jesus
 - Church evangelism & good works
 - _____
 - _____
 - _____
 - _____
- Missionary prayer
 - _____
- Church ministry prayer
 - _____
- A friend with special needs
 - _____
- Health needs of others
 - _____
 - _____
 - _____
 - _____
- The lost
 - _____
 - _____
 - _____
 - _____
 - _____
 - _____
- Prayer for the peace of Jerusalem. (Psalms 122.6)

Prayer Request Daily Schedule:

Saturday –

- Personal prayer
 - Forgiveness for my sins
 - My spiritual life and devotion to God
 - My physical needs
 - My testimony
 - Forgive those who have sinned against me. (Ephesians 4.32)
 - Unsaved family members
 - _____
 - _____
 - _____
 - _____
- My church
 - My pastor's health & his family
 - My pastor's studies & his walk with Jesus
 - Church evangelism & good works
 - _____
 - _____
 - _____
 - _____
- Health needs of others
 - _____
 - _____
 - _____
 - _____
 - _____
- Missionary prayer
 - _____
- Church ministry prayer
 - _____
- A friend with special needs
 - _____
- The lost
 - _____
 - _____
 - _____
 - _____
 - _____
 - _____
 - _____
 - _____

Missionaries:

“Then saith he unto his disciples, The harvest truly is plenteous, but the labourers are few; Pray ye therefore the Lord of the harvest, that he will send forth labourers into his harvest.”
(Matthew 9.37-38)

Missionary Name: _____

Mission field: _____

Family info: _____

Contact info: _____

Missionary Name: _____

Mission field: _____

Family info: _____

Contact info: _____

Missionary Name: _____

Mission field: _____

Family info: _____

Contact info: _____

Missionary Name: _____

Mission field: _____

Family info: _____

Contact info: _____

Missionaries:

“Say not ye, There are yet four months, and then cometh harvest? behold, I say unto you, Lift up your eyes, and look on the fields; for they are white already to harvest.” (John 4.35)

Missionary Name: _____

Mission field: _____

Family info: _____

Contact info: _____

Missionary Name: _____

Mission field: _____

Family info: _____

Contact info: _____

Missionary Name: _____

Mission field: _____

Family info: _____

Contact info: _____

Missionary Name: _____

Mission field: _____

Family info: _____

Contact info: _____

Biblical Prayers:

Pray to understand the Bible:

- “Open thou mine eyes, that I may behold wondrous things out of thy law.” (Psalms 119.18)

Pray for knowledge & wisdom:

- “And unto man he said, 'Behold, the fear of the Lord, that is wisdom; and to depart from evil is understanding.'” (Job 28.28)
- “Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you: For every one that asketh receiveth; and he that seeketh findeth; and to him that knocketh it shall be opened.” (Matthew 7.7-8)

Pray for ministers of the gospel:

- “Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints; And for me, that utterance may be given unto me, that I may open my mouth boldly, to make known the mystery of the gospel, For which I am an ambassador in bonds: that therein I may speak boldly, as I ought to speak.” (Ephesians 6.18-20)

Pray for spiritual strength:

- “I can do all things through Christ which strengtheneth me.” (Philippians 4.13)
- “Let your conversation be without covetousness; and be content with such things as ye have: for he hath said, I will never leave thee, nor forsake thee. So that we may boldly say, The Lord is my helper, and I will not fear what man shall do unto me. (Hebrews 13.5-6)

Pray for the love of Christ:

- “Hereby perceive we the love of God, because he laid down his life for us: and we ought to lay down our lives for the brethren. But whoso hath this world's good, and seeth his brother have need, and shutteth up his bowels of compassion from him, how dwelleth the love of God in him? My little children, let us not love in word, neither in tongue; but in deed and in truth.” (1 John 3.16-18)

Pray for government and spiritual leaders:

- “I exhort therefore, that, first of all, supplications, prayers, intercessions, and giving of thanks, be made for all men; For kings, and for all that are in authority; that we may lead a quiet and peaceable life in all godliness and honesty. For this is good and acceptable in the sight of God our Saviour; Who will have all men to be saved, and to come unto the knowledge of the truth.” (1 Timothy 2.1-4)

Scripture Memorization Plan:

When reading to memorize Scripture, READ OUT LOUD. You will remember more, and you will memorize the word of God faster if you read the Bible out loud.

Month 1: _____ / _____ / _____

Passage to memorize: _____

Weekly memory goal:

- Week 1: _____

- Week 2: _____

- Week 3: _____

- Week 4: _____

Month 2: _____ / _____ / _____

Passage to memorize: _____

Weekly memory goal:

- Week 1: _____

- Week 2: _____

- Week 3: _____

- Week 4: _____

Scripture Memorization Plan:

When reading to memorize Scripture, READ OUT LOUD. You will remember more, and you will memorize the word of God faster if you read the Bible out loud.

Month 3: _____ / _____ / _____

Passage to memorize: _____

Weekly memory goal:

- Week 1: _____

- Week 2: _____

- Week 3: _____

- Week 4: _____

Month 4: _____ / _____ / _____

Passage to memorize: _____

Weekly memory goal:

- Week 1: _____

- Week 2: _____

- Week 3: _____

- Week 4: _____

Answers to Prayer:

“Joshua... spake unto the children of Israel, saying, When your children shall ask their fathers in time to come, saying, What mean these stones? Then ye shall let your children know, saying, Israel came over this Jordan on dry land. For the LORD your God dried up the waters of Jordan from before you, until ye were passed over, as the LORD your God did to the Red sea, which he dried up from before us, until we were gone over: That all the people of the earth might know the hand of the LORD, that it is mighty: that ye might fear the LORD your God for ever.” (Joshua 4.21-24)

Date: _____ Answer: _____

Date: _____ Answer: _____

Date: _____ Answer: _____

Date: _____ Answer: _____

Sharing the Gospel:

1. Always ask permission before you share the gospel with another person.
2. Tell the person in advance how much of their time you require. Be considerate.
3. Diagnose the person's spiritual condition by asking questions. "He that answereth a matter before he heareth it, it is folly and shame unto him." (Proverbs 18.13)

Before you start sharing the gospel with another person you may want to ask them the following two questions. These questions will help you discover whether or not the person already possess the gift of eternal life, and what or who they are trusting in.

Salvation Assurance Question: (based upon 1 John 5.13)

- **"Do you know for certain that you will go to heaven when you die?"**
 - If they answer yes, they may or may not be saved. Ask them to share with you their testimony of salvation. If they can recall a particular day or time in their life when they placed their faith in Jesus Christ to be their Savior, they are probably already saved.
 - If they are unsure, they may or may not be saved. Recite the relevant portion of 1 John 5.13 to them, **"These things have I written unto you... than you may know that you have eternal life..."**. Tell them that God wants them to know for sure that they have eternal life. You may want to share your testimony of salvation with them at this time, but be sure not to give away the answer to the Judgment Day Question by telling the how to be saved. Continue by asking them the **Judgment Day Question**.
 - If they answer no, they may or may not be saved. Recite the relevant portion of 1 John 5.13 to them, **"These things have I written unto you... than you may know that you have eternal life..."**. Tell them that God wants them to know for sure that they have eternal life. Share your testimony of salvation with them, and how you know for sure that you have eternal life with God. Continue by asking them the **Judgment Day Question**.

Judgment Day Question: (based upon Revelation 20.11-15)

- **If you stood before God today, and He were to ask you, "Why should I let you into my heaven?" How would you answer Him?**
 - Most people will answer this question with a good works answer such as, "I am a good person; I go to church, I give to charity; I try to do good to others; I believe in God; I have been baptized; I practice the golden rule; I take communion..." Incorrect answers to this question almost always have to do with some kind of good work. If they answer in this way, tell them you have good news for them, and share the gospel with them.
 - Occasionally a person will answer this question by saying something like, "I believe I will probably go to hell when I die." If they give an answer like this they are almost certainly correct. Tell them you have good news for them, and share the gospel with them.
 - If they answer some form of, "On a particular day or time in my life I turned to Jesus to save me from my sins..." they are probably saved. Ask them to share their testimony of salvation with you.

Fifteen Precious Promises of God

1. "But as many as received him, to them gave he power to become the sons of God, even to them that believe on his name:" (John 1.12)
2. "For he hath made him to be sin for us, who knew no sin; that we might be made the righteousness of God in him." (2 Corinthians 5.21)
3. "There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit." (Romans 8.1)
4. [Jesus said] "And I give unto them eternal life; and they shall never perish, neither shall any man pluck them out of my hand. My Father, which gave them me, is greater than all; and no man is able to pluck them out of my Father's hand." (John 10.28-29)
5. "Let your conversation be without covetousness; and be content with such things as ye have: for he hath said, I will never leave thee, nor forsake thee." (Hebrews 13.5)
6. "And we know that all things work together for good to them that love God, to them who are the called according to his purpose." (Romans 8.28)
7. "But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint." (Isaiah 40.31)
8. "I can do all things through Christ which strengtheneth me." (Philippians 4.13)
9. "In my Father's house are many mansions: if it were not so, I would have told you. I go to prepare a place for you. And if I go and prepare a place for you, I will come again, and receive you unto myself; that where I am, there ye may be also." (John 14.2-3)
10. "Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time: Casting all your care upon him; for he careth for you." (1 Peter 5.6-7)
11. "Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness." (Isaiah 41.10)
12. "Blessed is the man that endureth temptation: for when he is tried, he shall receive the crown of life, which the Lord hath promised to them that love him." (James 1.12)
13. "If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness." (1 John 1.9)
14. "Blessed are they which do hunger and thirst after righteousness: for they shall be filled." (Matthew 5.6)
15. "For I know that my redeemer liveth, and that he shall stand at the latter day upon the earth: And though after my skin worms destroy this body, yet in my flesh shall I see God:" (Job 19.25-26)